

**Spring Hill Farm** is offering opportunities for ambitious young riders or adult amateurs to achieve their goals through an intensive educational program. Students will work with USDF Bronze, Silver and Gold Medalist and USDF Certified Instructor, Leah Nelson to work toward a customized goal. Students have the option to ride one of Spring Hill Farm's Grand Prix schoolmaster horses or provide their own horse. They will take part in weekly riding lessons and unmounted training sessions, and complete a curriculum of required reading, quizzes and discussions. Emphasis will be not only on riding and competitive goals, but all around horsemanship, horse care and management and physical fitness.

This year long program will be housed at Spring Hill Farm in Duluth, Minnesota.

To apply, please send the following application to Leah Nelson at [spring\\_hill\\_farm@hotmail.com](mailto:spring_hill_farm@hotmail.com)

For more information:

Spring Hill Farm [www.springhillmn.com](http://www.springhillmn.com)

Sweet Water Equestrian [www.sweetwaterequestrian.com](http://www.sweetwaterequestrian.com)

**Half Time Program (Spring Hill horse)**

**\$800/month**

2 lessons per week

1 private practice ride per week

Regular private fitness coaching

3-4 shows per season with coaching\*

Participate in regular goal setting meetings and progress tracking

Work through a curriculum of required reading, discussions, quizzes

**Full Time Program (Spring Hill horse)**

**\$1500/month**

3 lessons per week

3 private practice rides per week

Regular private fitness coaching

6-8 shows per season with coaching\*

Participate in regular goal setting meetings and progress tracking

Work through a curriculum of required reading, discussions, quizzes

*\*Horses, equipment and horse transport will be provided by Spring Hill Farm. Student is responsible for their own riding attire, and horse show entries, lodging and USDF/USEF/local GMO memberships and incidentals.*

**Half Time Program (own horse)**

**\$1200/month**

2 lessons or training rides per week

Regular private fitness coaching

3-4 shows per season with coaching\*

Participate in regular goal setting meetings and progress tracking

Work through a curriculum of required reading and discussions

**Full Time Program (own horse)**

**\$1800/month**

3 lessons or training rides per week

Regular private fitness coaching

3-4 shows per season with coaching\*

Participate in regular goal setting meetings and progress tracking

Work through a curriculum of required reading and discussions

*\*Your horse will be boarded at Spring Hill Farm for the duration of the program. Fee includes standard board (feedings, stall cleaning, daily turnout, blanketing, use of heated barn and indoor arena, and trails) regular vet and farrier work and additional supplements are the owner's responsibility.*

*\*If providing your own horse, all horse show entries and transport are the owner's responsibility. Coaching is included.*

**Suggested Goal Tracks:**

- USDF Rider Performance Medals: work toward scores to achieve your Bronze, Silver and Gold Rider Performance medals
- USDF Freestyle Bars: work toward scores earned for musical freestyles to achieve your USDF Freestyle Bar Awards
- USDF/GAIG Regional Championships/US Dressage Finals: compete at Regional and National Championships
- Dressage Seat Medal Finals: Develop your position and seat to compete at the USEF/USEF Dressage Seat Medal Finals (ages 18 and younger)
- NAJYRC (North American Junior Young Rider Championships): Qualify for the Region 4 Junior or Young Rider Team to compete in an international event with other youth riders in North America (ages 21 and younger)
- USDF and our local GMOs have many other special awards. Program may be tailored to meet goals not listed here. We'll work together to create a goal track that is achievable and challenging.

Name	
Address	
Phone	
Email	
Emergency Contact	
Indicate Program (full or half time, own or SH horse)	
Indicate Goal Track if Known:	

Tell us about your riding experience/background:

Tell us about your riding goals:

If you're providing your own horse, please tell us about him/her:

Why do you believe you're a suitable candidate for this program?